

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Choose from... Main option OR Classic Combo option	Cheese & Tomato pasta OR Baked Beans, Grated Cheese, Tuna & Sweetcorn, Egg Mayo & Cress, Ham Salad, Salmon & Tomato	Chicken Tikka OR Baked Beans, Grated Cheese, Tuna & Sweetcorn, Egg Mayo & Cress, Ham Salad	Quorn Fillet OR Baked Beans, Grated Cheese, Tuna & Sweetcorn, Egg Mayo & Cress, Ham Salad, Salmon & Tomato	Beef Taco boat OR Baked Beans, Grated Cheese, Tuna & Sweetcorn, Egg Mayo & Cress, Ham Salad	Cod in Batter OR Baked Beans, Grated Cheese, Tuna & Sweetcorn, Egg Mayo & Cress, Ham Salad
2 To go with Vegetables/Salad	Peas Sweetcorn	Green Beans Cauliflower	Carrots Broccoli	Sweetcorn	Peas Baked Beans
3 Then Add	Mixed Pasta OR Garlic Bread	Mixed Rice	Roast Potatoes	Herby Diced Potatoes	Chips
4 ...and to finish! Puddings	Orange & Mango Ice Smoothie OR Cheese & Biscuits Fresh Fruits & Yogurts	Carrot Cake OR Cheese & Biscuits Fresh Fruits & Yogurts	Chocolate Orange Mousse OR Cheese & Biscuits Fresh Fruits & Yogurts	Apple Muffins OR Cheese & Biscuits Fresh Fruits & Yogurts	Chocolate Cookie Ice cream OR Cheese & Biscuits Fresh Fruits & Yogurts